## **2017 Oklahoma Geroscience Meeting** Oklahoma City, Oklahoma | March 16, 2017

## Physiology of Skeletal Muscle and Bone during Aging: Impacts on Healthspan

Special Invited Guest: John Williams, PhD, Program Officer, Musculoskeletal Biology Program in the Division of Aging Biology, NIA

<b>Session 1.</b> 8:30-9:00	<b>Age-Related Molecular and Physiologic Changes in Musculoskeletal Biology</b> Susan Brooks (University of Michigan) "Extracellular matrix in aging muscle and tendon"
9:00-9:30	Holly Van Remmen (OMRF, VA) "Mechanisms of sarcopenia"
9:30-10:00	Charlotte Peterson (University of Kentucky) "Molecular and cellular regulators of sarcopenia"
Coffee Break	10:00-10:30
<b>Session 2.</b> 10:30-11:00	<b>Effects of Aging on Muscle Function and Activity in Humans</b> David Marcinek (University of Washington) "Interaction between in vivo mitochondrial function, redox biology, and skeletal muscle health in aging "
11:00-11:30	Mike Bemben (OU-Norman) "Potentiating Muscle Hypertrophy in the Elderly"
11:30-12:00	Malcolm Jackson (University of Liverpool) "Assessment of the age-related decline in the integrated musculoskeletal system"
Lunch	12:00-1:00 (provided for participants)
1:00-2:00	Poster session
2:00-3:00	<b>Keynote Speaker</b> , Tom Rando, (Stanford University) "Aging, stem cells, and tissue regeneration" (Sponsored by OCASCR)
2:00-3:00 <b>Break</b>	
	<ul> <li>"Aging, stem cells, and tissue regeneration" (Sponsored by OCASCR)</li> <li>3:00-3:30</li> <li>Age-Related Changes in Bone Structure Function and Pathophysiology. Debra Bemben (OU-Norman)</li> </ul>
Break Session 3.	<ul> <li>"Aging, stem cells, and tissue regeneration" (Sponsored by OCASCR)</li> <li>3:00-3:30</li> <li>Age-Related Changes in Bone Structure Function and Pathophysiology.</li> </ul>
<b>Break</b> Session 3. 3:30-4:00	<ul> <li>"Aging, stem cells, and tissue regeneration" (Sponsored by OCASCR)</li> <li>3:00-3:30</li> <li>Age-Related Changes in Bone Structure Function and Pathophysiology. Debra Bemben (OU-Norman)</li> <li>"Exercise interventions for bone health and osteoporosis intervention"</li> <li>Tim Griffin (OMRF)</li> </ul>
<b>Break</b> Session 3. 3:30-4:00 4:00-4:30	<ul> <li>"Aging, stem cells, and tissue regeneration" (Sponsored by OCASCR)</li> <li>3:00-3:30</li> <li>Age-Related Changes in Bone Structure Function and Pathophysiology. Debra Bemben (OU-Norman)</li> <li>"Exercise interventions for bone health and osteoporosis intervention"</li> <li>Tim Griffin (OMRF)</li> <li>"Age-related changes in cartilage metabolism and redox regulation"</li> <li>Mary Beth Humphrey (OUHSC, VA)</li> </ul>

Hosted by the Oklahoma Nathan Shock Center & OMRF | Registration is FREE

Location: OMRF Wileman Auditorium, 825 NE 13th St., Oklahoma City

**Sponsored by:** Presbyterian Health Foundation, University of Oklahoma Health Sciences Center VPR office, OKC-VA Medical Center, Reynolds Oklahoma Center on Aging & Oklahoma Center for Adult Stem Cell Research

For information on housing please contact Stephanie Matyi (Stephanie-Matyi@ouhsc.edu).